



Phase 1

26th April 2021

Return to Restricted Play

**Always follow the Government Guidelines of
Good Hand Hygiene – Respiratory Etiquette – Social Distancing**

The guidelines in this document relate to Phase 1 (2021) of the Irish Government's Roadmap for Reopening Society and Business.

This phase:

1. Permits sporting activity in open outdoor public sports amenities where 2 households (maximum) may play together-Pat & Phyllis Brett Vs Pat & Bernie Tracey)- so singles or pairs (2 households ONLY)!!
2. Permits people to engage in outdoor sporting and fitness activities, either individually or in very small groups (maximum 4 people-per rink), where social distancing can be maintained and where there is no contact

This guide, prepared by Bray Bowling Club in association with BLI recently issued guidelines (and with reference to HSE/HPHET best practices), outlines the measures Bray Bowling Club would like to implement to help safeguard members during the COVID-19 pandemic.

The measures, which relate to Phase 1 (2021) of the Roadmap for Reopening Irish Society and Business, cover each step of the journey from home to the club gate and back home again.

These measures and procedures are under constant review and updated as advice from government, health authorities and governing bodies evolve in line with the gradual lifting of social restrictions.

Before you Play

You must stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas or exposed to someone with COVID-19 in the last 14 days
- Have flu-like symptoms or are feeling unwell
- Live more than 20 km (as the crow flies) from the club if you don't live in Co Wicklow.

You must:

- Check with your GP prior to playing if you are in a high-risk health category
- Find out and familiarise yourself with protocols that are in place at the Club
- Ensure the club has your up to date contact details
- Players should, ideally, bring a small bottle of hand sanitiser with them for use
- Players should ensure that they utilise toilet facilities at home prior to arriving at the club as toilet facilities may not be available

Social Distancing Behaviour

To protect against infection:

- All 6 rinks may be in play at any one time
- Time Slots will be as follows; 10:00, 11:30, 13:00, 14:30, 16:00, 17:30.

- Keep 2 metres away from other people at all times, use the discs to mark 2m from mat
- Mat should be placed once daily at a distance of 3metres from the ditch, and removed once daily to the hut
- Mats (12) and jacks (12) are to be removed from hut by 1 player attending first booking daily
- After putting these on the green, with discs to mark 2m, that person should wash their hands
- 1 mat and 1 jack to be located at each end
- Jacks are to be placed by foot by skips at a distance desired by the winning end skip/whomever won the toss
- If a bowl enters the rink from another rink, stop it with your feet and kick it back
- No measuring or going up to the head
- Scoreboards are not to be used (a match card can be marked if required)
- Players must refrain from handshakes and high fives
- Do not share food, towels and drinks
- Wash your hands frequently with soap and water or hand- sanitiser when available, before and after eating, after going to the toilet, after coughing
- Cover your coughs and sneezes and dispose of any used tissue in your own bag and bring it home with you
- Avoid touching your face
- Remain apart from others if taking a break
- Avoid picking up bowls, jacks and mats, where possible use your feet
- Try not to touch any surfaces, but if you do sanitise your hands as soon as possible
- Players must refrain from handshakes and high fives

Phase 2 (2021) to be advised

When new guidelines are issued for Phase 2 (2021) this document will be updated nearer the due date